

EMERGENCY PREPAREDNESS

EVACUATION GRAB & GO KIT CHECKLIST

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Use this kit during an evacuation of your home or community and make sure everyone living in the home knows where it's located. Each family member should have their own customized kit in an easy to carry container such as a backpack or duffle bag.

Check your kit(s) twice a year to ensure freshness of food, water and medication and to restock any items. Items to include:

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| <ul style="list-style-type: none"><input type="checkbox"/> Flashlight<input type="checkbox"/> Battery-operated or crank radio<input type="checkbox"/> Spare batteries for flashlight and/or radio<input type="checkbox"/> Cell phone charger<input type="checkbox"/> First-aid kit<input type="checkbox"/> Candles and matches/lighter<input type="checkbox"/> Spare car and house keys<input type="checkbox"/> Cash: small bills and change<input type="checkbox"/> Copy of important documents:<ul style="list-style-type: none">○ Passport, birth certificate, adoption papers, immigration papers, wills○ Social insurance/health care card○ Marriage licence/divorce papers○ Bank account numbers, cheque book○ Credit card account numbers and companies○ Insurance documents: home, tenant, auto, life○ Photos, list or video of your personal and household possessions for insurance purposes○ Professional appraisals of personal property○ Family medical history & current medication lists○ Current picture of each family member | <ul style="list-style-type: none">○ Emergency contact numbers○ Your family's Emergency Plan<input type="checkbox"/> Non-perishable food and bottled water for each family member<input type="checkbox"/> One change of clothing and footwear per family member: comfortable and all season<input type="checkbox"/> Blankets or sleeping bags<input type="checkbox"/> Toilet paper and other personal hygiene items<input type="checkbox"/> Medication: especially prescription (at least a three-day supply)<input type="checkbox"/> Eyewear: glasses/contacts<input type="checkbox"/> Whistle to attract attention if needed<input type="checkbox"/> Utility knife<input type="checkbox"/> Playing cards or other quiet games/toys<input type="checkbox"/> Notebook/paper/pencils/pens<input type="checkbox"/> Map of your community for locating shelters <p>Family Members with Special Needs</p> <p>Additional items to consider for children, elderly and/or disabled persons:</p> <ul style="list-style-type: none"><input type="checkbox"/> Baby food/formula<input type="checkbox"/> Medications<input type="checkbox"/> Specialty food items for those with an allergy/intolerance | <ul style="list-style-type: none"><input type="checkbox"/> Denture needs<input type="checkbox"/> Hearing aids and batteries<input type="checkbox"/> Extra wheelchair batteries, oxygen, catheters<input type="checkbox"/> List of medical devices, such as pacemakers (style & serial numbers)<input type="checkbox"/> List of individuals/suppliers to contact in an emergency <p>Priceless Items</p> <p>Develop a list of one-of-a-kind items that you wouldn't keep in a Go Kit but will want to gather if you must evacuate. Attach the list to the outside of your Grab & Go Kit. Check the list annually.</p> <p>To prepare the list: go room to room and identify one or two items. Make sure every family member knows where the items are located. Examples:</p> <ul style="list-style-type: none"><input type="checkbox"/> Pictures/photo albums<input type="checkbox"/> Computer<input type="checkbox"/> Jewelry and valuables<input type="checkbox"/> Medications/prescriptions (unless already in kit)<input type="checkbox"/> Glasses, dentures, hearing aid<input type="checkbox"/> Keys, wallet, purse<input type="checkbox"/> Cell phone and charger <p>If you can buy it, don't take it.</p> |
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