

Proclamation

Recreation and Parks Month

- WHEREAS** recreation enhances community well-being and quality of life; fosters connections; promotes physical, mental, and social health benefits; and is inclusive for people of all ages and skill levels; and,
- WHEREAS** participating in recreational activities cultivates social interaction and inclusion, cultural diversity, and family unity to build a strong, connected community; and,
- WHEREAS** through building, partnering, and delivering recreation facilities, parks, programs, and services, the City of St. Albert provides inclusive opportunities for everyone to lead an active and healthy lifestyle year--round; and,
- WHEREAS** we invite residents and visitors to take part in the recreation activities throughout the City, enjoying the unique opportunities that each season has to offer.
- NOW THEREFORE** on behalf of Council, I, Cathy Heron, Mayor of the City of St. Albert, in recognition of the benefits and values of Recreation and Parks, do hereby proclaim the month of June 2025 as Recreation and Parks Month in St. Albert.

Dated this 1st day of June 2025



Cathy Heron
Mayor, City of St. Albert
The Botanical Arts City

