

WASTE AND OUR HABITS – WASTE DIARY

PRE-ACTIVITY

- Which of the following waste streams do you have access to at your house? Check all that apply.
 Garbage Organics Recycling

- How much of the following waste streams do you think you generate per week? (Can list in # of bags or approximate weight)

Garbage:
Recycling:

Organics:
Hazardous Waste:

WASTE DIARY

A waste diary is a great way to get a better understanding of how much waste you produce. Keep track of every item of waste you dispose of throughout the week, and record it in the table below.

You can estimate the quantity, and use whichever units you prefer (pounds, kilograms, number), just keep the units consistent throughout the week!

Date	Item of Waste	Waste Stream	Quantity
<i>June 13</i>	<i>Banana peel</i>	<i>Organics</i>	<i>1</i>

If more space is required, use a separate sheet of paper.



BeWasteWise

POST-ACTIVITY

1. Add up the total quantity (pounds, kilograms, number) of each waste stream and record it in the table below.

Total Quantity of Waste Produced			
Garbage	Organics	Recycling	Hazardous Waste

2. Where did the majority of your waste go?

3. Create a list of alternatives for the items that went into the garbage. Could any of these items be diverted from the landfill?

Item of Waste	Alternative
<i>Single-use plastic grocery bag</i>	<i>Reusable grocery bag</i>