

Make Your Own Visual Schedule

This visual schedule was made especially for you to help you plan your day while attending the **Northern Alberta International Children's Festival of the Arts**. A visual schedule helps you keep track of your tasks and activities throughout the day using pictures. It is designed to help you prepare for new experiences, guide your progress of the day and enjoy the Festival at your own pace. Colour and customize it as much as you would like.



1. Plan Your Day and Buy Tickets

Visit childfest.ca to purchase tickets to shows and activities. Knowing this information ahead of time will help you plan your day more easily.



2. Print and Cut

Print the visual schedule at home or at school and cut out the icons



3. Select Your Activities

Take a look through the icons you've cut out and sort them by themes:

- Shows
- Activities
- Transportation
- Self-Care



4. Assemble

Glue or tape the cards that you chose onto the visual schedule page to plan your day. You can also label and colour your visual schedule to customize it for you.



5. Mark Complete

Every time you complete an activity on your visual schedule, put a checkmark in the box next to each card to track your progress.



NAME _____

Children's Festival Visual Schedule

Date:

First

Then

Then

Then

Then

Then

Then

Then

Then

Then



