

## SENIORS

### Government of Alberta:

- Alberta Supports Contact Centre . . . . . 1-877-644-9992
- Alberta Health Services: Health Link (24 hr.) . . . . . 811
- St. Albert Public Library: Home Library Service . . . . . 780-459-1751
- St. Albert & Sturgeon Primary Care Network . . . . . 780-419-2214
- Stop Abuse in Families . . . . . 780-460-2195
- St. Albert Seniors Association . . . . . 780-459-0433
- St. Albert Transit Handibus . . . . . 780-418-6060
- Canadian Mental Health Association:
  - Seniors' Abuse Hotline (24 hr.) . . . . . 780-454-8888
- Sage Seniors Association: Safe House . . . . . 780-702-1520
- Seniors United Now . . . . . 780-449-1816
- Sturgeon Community Hospital . . . . . 780-418-8200

## SUPPORT GROUPS

- Adult Children of Alcoholics . . . . . 780-996-1183
- Al-Anon and Alateen Information Services (24 hr.) . . . . . 780-443-6000
- Alcoholics Anonymous . . . . . 780-424-5900
- Anorexics and Bulimics Anonymous . . . . . 587-557-2167
- St. Albert Bereavement Fellowship . . . . . 780-851-6562
- Caregivers Alberta . . . . . 780-453-5088
- Alberta Gamblers Anonymous . . . . . 780-463-0892
- City of St. Albert: Menship . . . . . 780-453-1756
- Neutral Ground . . . . . neutral-ground.ca
- Edmonton Area Narcotics Anonymous . . . . . 1-855-562-2262
- Outloud Foundation . . . . . 587-936-9620
- Parents Empowering Parents Society . . . . . Main: 780-410-8516  
Support Line: 1-877-991-2737
- Parkinson's Support Group . . . . . 780-460-2043
- Outloud Foundation: PFLAG . . . . . 780-990-6518
- Schizophrenia Society of Alberta . . . . . 780-452-4661
- Stop Abuse in Families Society . . . . . 780-460-2195
- The Pride Centre of Edmonton . . . . . 780-488-3234

## TRANSPORTATION

- St. Albert Transit Handibus . . . . . 780-418-6060
- St. Albert Seniors Association . . . . . 780-459-0433
- City of St. Albert: Subsidy Program . . . . . 780-459-1756

## SHELTER - EDMONTON

### Government of Alberta: Alberta Supports Centre . . . . . 1-877-644-9992

### Hope Mission:

- Herb Jamieson Centre . . . . . 780-429-3470
- Shelter & Housing . . . . . 780-422-2018

### Jessica Martel Memorial Foundation:

- Jessie's House (24 hr.) . . . . . 1-866-939-2850
- WIN House (24 hr.) . . . . . 780-479-0058
- Youth Empowerment & Support Services (24 hr.) . . . . . 780-468-7070

## YOUTH

- Alberta Health Services: Addiction & Mental Health . . . . . 780-342-1410
- Alateen (24 hr.) . . . . . 780-443-6000
- Big Brothers Big Sisters of St. Albert . . . . . 780-459-6666
- City of St. Albert:
  - Amplify Program . . . . . 780-905-1152
  - Community Support Worker . . . . . 780-459-1756
  - Family & School Liaison Program . . . . . 780-459-1756
  - Youth in Action . . . . . 587-709-2420
- Canadian Mental Health Association:
  - Distress Line (24 hr.) . . . . . 780-482-4357 (HELP)
- Kids Help Phone (24 hr.) . . . . . 1-800-668-6868
- Outloud Foundation . . . . . 587-936-9620
- Sexual Assault Centre of Edmonton (24 hr.) . . . . . 780-423-4121
- Youth Empowerment & Support Services (24 hr.) . . . . . 780-468-7070
- St. Albert Family Resource Centre:
  - Youth Engagement Worker . . . . . 780-481-3451

## NOTES:

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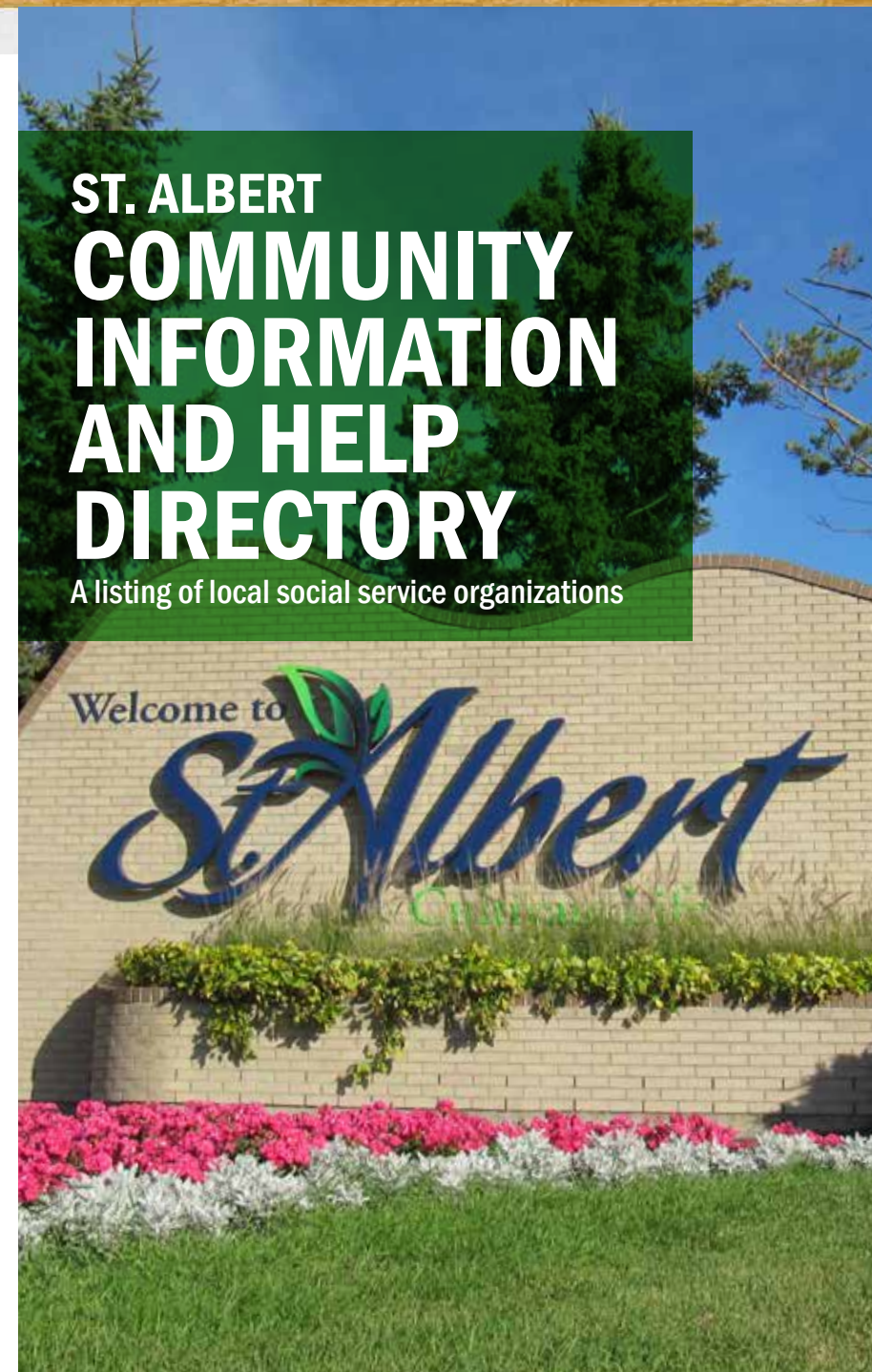
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# ST. ALBERT COMMUNITY INFORMATION AND HELP DIRECTORY

A listing of local social service organizations

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