

# ST. ALBERT SUPPORT PROGRAMS AND SERVICES

## CITY OF ST. ALBERT



### **Community Support Workers 780-459-1756**

### **St. Albert Community Support & Navigation**

Community Services' FCSS offers support and resource navigation to residents. The Community Support Workers will assess the needs of those facing a broad range of social issues and help them navigate and connect to appropriate community resources. The Community Support Workers can assist community members with referrals and help to bridge any barriers that they may encounter while accessing services.

### **Family School Liaison Program 780-459-1756**

### **St. Albert Family School Liaison Program**

The Family and School Liaison Program is a family-centred resource providing support to individuals and families whose children may be experiencing difficulties, either at school or at home. The program also provides a liaison between families and schools, please call the FCSS office.

### **St. Albert Subsidy Program 780-459-1756**

### **St Albert Subsidy Program**

The City of St. Albert provides a subsidy to low-income residents to access City recreation facilities and programs as well as AISH and low-income transit passes.

### **RCMP Non-Emergency Line 780-458-7700**

### **<https://stalbert.ca/cosa/contact/departments/rcmp/>**

Residents of St. Albert can call the non-emergency police line if they see individuals in the community who may require police assistance. 9-1-1 should be used if immediate assistance is required or if there is an immediate threat.

### **Municipal Enforcement 780-458-4300**

### **<https://stalbert.ca/city/eps/mes/>**

Enforces traffic safety as well as municipal, animal and traffic bylaws.

## COMMUNITY RESOURCES

### **St. Albert & Sturgeon Primary Care Network (SASPCN) 780-419-2214**

### **[www.saspcn.com](http://www.saspcn.com)**

Has mental health nurses, available through referral from your primary care physician. They provide support through behavioral health consultation services and referrals to specialty mental health services.

### **St. Albert PFLAG**

### **780-982-9178 <https://pflagcanada.ca/chapters/>**

Our chapters are for everyone from the 2SLGBTQ+ community including people of all sexual orientations, sexual identities, gender identities and gender expressions, families, friends and allies.

### **Stop Abuse in Families (SAiF) Society**

### **780-460-2195 <https://www.saifsociety.ca/>**

Working towards a society free of abuse, we focus on Counselling, Education and Advocacy. (SAIF) Society promotes healthy, safe, respectful relationships in our local communities. We serve residents in St Albert, Sturgeon County, and nearby rural areas.

### **Central Alberta Regional Victim Serving Society (CARVSS) 780-458-4353**

### **<https://carvss.ca/>**

CARVSS provides support and assistance to victims of crime and tragedy enabling them to access the information and resources they need to move forward with their lives.

# ST. ALBERT SUPPORT PROGRAMS AND SERVICES

## Salvation Army

780-458-1937

<https://salvationarmy.ca/>

Offers activities, camps and various ministries for all ages including free community food market.

## St. Albert Food Bank and Community Village

780-459-0599

[stalbertfoodbank & CV](http://stalbertfoodbank.ca)

Provide a range of services including providing food hampers, showers, and access to emergency/crisis accommodation and financial assistance.

## St. Albert Seniors Association

780-459-0433

[stalbertseniors.ca](http://stalbertseniors.ca)

Provides a variety of seniors programming and services including information and referrals, Meals on Wheels, transportation, and numerous classes, events, and activities.

## St. Albert Family Resource Centre

780-459-7377

[stalbertfrc.ca](http://stalbertfrc.ca)

Provides a variety of programming and services for children, youth, and families of all ages, including one-on-one parent coaches to provide families with the tools they need to build resiliency.

## Big Brothers Big Sisters of St. Albert

780-459-6666

[bbbsstalbert.ca](http://bbbsstalbert.ca)

Provides mentoring for children and youth so they have the tools and supports they need to be successful in school and in life.

## St. Albert Further Education

780-460-2207

[stalbertfurthered.com](http://stalbertfurthered.com)

*NewcomerConnectionProgram*

780-460-2236

*StarLiteracy*

780-459-5864

The Newcomer Connection Program can help newcomers learn about the agencies and services that support settlement in St. Albert. Star Literacy helps adults achieve their full potential by assisting them to develop their reading, writing, numeracy skills and/or English language skills.

## Transitions

780-458-7371

[transitions-ab.org](http://transitions-ab.org)

Provides services to people with disabilities, enabling them to enjoy independence and a quality of life by building on individual strengths and abilities.

## LoSeCa

780-460-1400

[loseca.ca](http://loseca.ca)

Provides residences and employment support and community access options for persons with disabilities.

## St. Albert Public Health Centre

780-459-6671

[albertahealthservices.ca](http://albertahealthservices.ca)

Provides community health services in St. Albert.

## St. Albert Public Library

780-459-1530

<https://www.sapl.ca/>

Borrowing services, programs, newcomers settlement services, resume and job search tutor, seed library.

## St. Vincent de Paul Society

780-471-5577

[ssvpedmonton.ca](http://ssvpedmonton.ca)

Provides assistance to those in need by distributing household items and basic necessities.

## KidSport St. Albert

780-504-5599

[kidsportcanada.ca](http://kidsportcanada.ca)

Provides grants to help cover registration fees for sports season for youth 18 and under.

# ST. ALBERT SUPPORT PROGRAMS AND SERVICES

## PROVINCIAL & NATIONAL RESOURCES

**Alberta 211 - Call 2-1-1, text INFO to 211, live chat ([ab.211.ca](https://ab.211.ca/)) 24/7.** <https://ab.211.ca/>

**211** is a free, confidential service that connects residents to a wide range of community, social, health, and government services. A 211-community resource specialist will connect people to information and referrals for a variety of needs, if required, on the same call in addition to offering follow-up check-ins.

### **Children's Services (St. Albert Office)**

<https://www.alberta.ca/childrens-services-offices.aspx>

**780-460-4970**

Call to report child abuse

### **St. Albert Addiction and Mental Health Clinic**

**780-342-1410**

Walk-in clinic for children, youth and their caregiver seeking mental health or substance abuse concerns.

**St Albert Office:** <https://www.albertahealthservices.ca/findhealth/Service.aspx?id=1077851&serviceAtFacilityID=1130637>

### **AHS Addiction and Mental Health Counselling**

Adult addiction & mental health. Access 24/7

**780-424-2424**

For Youth services call:

**825-402-6799**

<https://www.albertahealthservices.ca/amh/amh.aspx>

### **Alberta Supports**

**780-644-9992**

Aids with access to services and programs for seniors, people with disabilities, job seekers, parents and families, homelessness, financial assistance, abuse, and family violence prevention.

<https://www.alberta.ca/alberta-supports.aspx>

### **Continuing Care Access (Home Care)**

**780-496-1300**

Screening and referrals for individuals who require access to Continuing Care Services including Home Care, Supportive Living, Palliative, Day Programs and Facility Living programs.

<https://www.albertahealthservices.ca/findhealth/Service.aspx?id=1001464&serviceAtFacilityID=1052803#contentStart>

## ADDITIONAL HELPLINES

Addiction Services Helpline	1-866-332-2322
AB Council of Women's Shelters	1-866-331-3933
Bullying Helpline	1-888-456-2323
Child Intervention Hotline	1-800-638-0715
Distress Line (CMHA)	780-482-HELP (4357)
Family Violence Info Line	310-1818
Health Link Alberta	811

Indigenous Hope for Wellness	1-855-242-3310
Kids Help Phone	1-800-668-6868
LGBT Youth Line	1-800-268-9688
Mental Health Helpline	1-877-303-2642
Senior's Abuse Helpline	780-454-8888
Sexual Assault Helpline	1-866-403-8000
Suicide Crisis Helpline	988