

SENIORS

Government of Alberta:

Alberta Supports Contact Centre	1-877-644-9992
Alberta Health Services: Health Link (24 hr.)	811
St. Albert Public Library: Home Library Service	780-459-1751
St. Albert & Sturgeon Primary Care Network	780-419-2214
Stop Abuse in Families	780-460-2195
St. Albert Seniors Association	780-459-0433
St. Albert Transit Handibus	780-418-6060

Canadian Mental Health Association:

Seniors' Abuse Hotline (24 hr.)	780-454-8888
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Sage Seniors Association: Safe House

Seniors United Now	780-449-1816
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Sturgeon Community Hospital

	780-418-8200
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SUPPORT GROUPS

Adult Children of Alcoholics	780-996-1183
Al-Anon and Alateen Information Services (24 hr.)	780-443-6000
Alcoholics Anonymous	780-424-5900
Anorexics and Bulimics Anonymous	587-557-2167
St. Albert Bereavement Fellowship	780-851-6562
Caregivers Alberta	780-453-5088
Alberta Gamblers Anonymous	780-463-0892
City of St. Albert: Menship	780-453-1756
Neutral Ground	neutral-ground.ca
Edmonton Area Narcotics Anonymous	1-855-562-2262
Outloud Foundation	587-936-9620
Parents Empowering Parents Society	Main: 780-410-8516 Support Line: 1-877-991-2737
Parkinson's Support Group	780-460-2043
Outloud Foundation: PFLAG	780-990-6518
Schizophrenia Society of Alberta	780-452-4661
Stop Abuse in Families Society	780-460-2195
The Pride Centre of Edmonton	780-488-3234

TRANSPORTATION

St. Albert Transit Handibus	780-418-6060
St. Albert Seniors Association	780-459-0433
City of St. Albert: Subsidy Program	780-459-1756

SHELTER - EDMONTON

Government of Alberta: Alberta Supports Centre

Hope Mission:	1-877-644-9992
Herb Jamieson Centre	780-429-3470
Shelter & Housing	780-422-2018

Jessica Martel Memorial Foundation:

Jessie's House (24 hr.)	1-866-939-2850
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WIN House (24 hr.)

Youth Empowerment & Support Services (24 hr.)	780-479-0058 780-468-7070
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YOUTH

Alberta Health Services: Addiction & Mental Health

Alateen (24 hr.)	780-342-1410 780-443-6000
Big Brothers Big Sisters of St. Albert	780-459-6666

City of St. Albert:

Amplify Program	780-905-1152
Community Support Worker	780-459-1756
Family & School Liaison Program	780-459-1756
Youth in Action	587-709-2420

Canadian Mental Health Association:

Distress Line (24 hr.)	780-482-4357 (HELP)
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Kids Help Phone (24 hr.)

Outloud Foundation	1-800-668-6868 587-936-9620
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Sexual Assault Centre of Edmonton (24 hr.)

Youth Empowerment & Support Services (24 hr.)	780-423-4121 780-468-7070
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St. Albert Family Resource Centre:

Youth Engagement Worker	780-481-3451
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