

SENIORS

- Government of Alberta:  
Alberta Supports Contact Centre . . . . . 1-877-644-9992  
Alberta Health Services: Health Link (24 hr.) . . . . . 811  
St. Albert Public Library: Home Library Service . . . . . 780-459-1751  
St. Albert & Sturgeon Primary Care Network . . . . . 780-419-2214  
Stop Abuse in Families . . . . . 780-460-2195  
St. Albert Seniors Association . . . . . 780-459-0433  
St. Albert Transit Handibus . . . . . 780-418-6060  
Canadian Mental Health Association:  
Seniors' Abuse Hotline (24 hr.) . . . . . 780-454-8888  
Sage Seniors Association: Safe House. . . . . 780-702-1520  
Seniors United Now . . . . . 780-449-1816  
Sturgeon Community Hospital . . . . . 780-418-8200

SUPPORT GROUPS

- Adult Children of Alcoholics . . . . . 780-996-1183  
Al-Anon and Alateen Information Services (24 hr.) . . . . . 780-443-6000  
Alcoholics Anonymous . . . . . 780-424-5900  
Anorexics and Bulimics Anonymous . . . . . 587-557-2167  
St. Albert Bereavement Fellowship . . . . . 780-851-6562  
Caregivers Alberta . . . . . 780-453-5088  
Alberta Gamblers Anonymous . . . . . 780-463-0892  
Edmonton Area Narcotics Anonymous . . . . . 1-855-562-2262  
Parents Empowering Parents Society . . . . . Main: 780-410-8516  
Support Line: 1-877-991-2737  
Parkinson's Support Group . . . . . 780-460-2043  
PFLAG . . . . . 780-990-6518  
Schizophrenia Society of Alberta . . . . . 780-452-4661  
Stop Abuse in Families Society . . . . . 780-460-2195  
St. Albert Sturgeon Hospice Association . . . . . 587-921-1345  
The Pride Centre of Edmonton . . . . . 780-488-3234

TRANSPORTATION

- St. Albert Transit Handibus . . . . . 780-418-6060  
St. Albert Seniors Association . . . . . 780-459-0433  
City of St. Albert: Subsidy Program . . . . . 780-459-1756

SHELTER - EDMONTON

- Government of Alberta: Alberta Supports Centre . . . . . 1-877-644-9992  
Hope Mission:  
Herb Jamieson Centre . . . . . 780-429-3470  
Shelter & Housing . . . . . 780-422-2018  
Jessica Martel Memorial Foundation:  
Jessie's House (24 hr.) . . . . . 1-866-939-2850  
WIN House (24 hr.) . . . . . 780-479-0058  
Youth Empowerment & Support Services (24 hr.) . . . . . 780-468-7070

YOUTH

- Alberta Health Services: Addiction & Mental Health . . . . . 780-342-1410  
Big Brothers Big Sisters of St. Albert . . . . . 780-459-6666  
City of St. Albert:  
Amplify Program . . . . . 780-905-1152  
Community Support Worker . . . . . 780-459-1756  
Family & School Liaison Program . . . . . 780-459-1756  
Soulfire . . . . . 780-459-1756  
Youth Clubhouse . . . . . 780-459-1756  
Youth in Action . . . . . 587-709-2420  
Canadian Mental Health Association:  
Distress Line (24 hr.) . . . . . 780-482-4357 (HELP)  
Kids Help Phone (24 hr.) . . . . . 1-800-668-6868  
Sexual Assault Centre of Edmonton (24 hr.) . . . . . 780-423-4121  
Youth Empowerment & Support Services (24 hr.) . . . . . 780-468-7070  
St. Albert Family Resource Centre:  
Youth Engagement Worker . . . . . 780-481-3451

NOTES

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