

Fountain Park Recreation Centre

SWIM SCHEDULE

ACTIVITY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LANE SWIM	5:30am-10:00pm	5:30am-10:00pm	5:30am-10:00pm	5:30am-10:00pm	5:30am-10:00pm	6:00am-8:00pm	7:00am-8:00pm
SMALL POOL PUBLIC SWIM	7:00am-9:00am 11:00am-1:00pm	7:00am-9:00am 11:00am-1:00pm 8:00pm-9:00pm	7:00am-9:00am 11:00am-1:00pm 8:00pm-9:00pm	7:00am-9:00am 11:00am-1:00pm	7:00am-9:00am 11:00am-1:00pm	8:00am-9:00am	
PUBLIC SWIM ALL POOLS	3:00pm-4:00pm 8:00pm-10:00pm	3:00pm-4:00pm 9:00pm-10:00pm	3:00pm-4:00pm 9:00pm-10:00pm	3:00pm-4:00pm 9:00pm-10:00pm	3:00pm-4:00pm 8:00pm-10:00pm	6:00am-8:00am 1:00pm-8:00pm	7:00am-9:00am 1:00pm-8:00pm
AQUAFIT	7:00am-8:00am 8:00am-9:00am 11:00am-12:00pm 12:00pm-1:00pm	11:00am-12:00pm 12:00pm-1:00pm 8:00pm-9:00pm	7:00am-8:00am 8:00am-9:00am 11:00am-12:00pm 12:00pm-1:00pm 8:00pm-9:00pm	11:00am-12:00pm 12:00pm-1:00pm 8:00pm-9:00pm	7:00am-8:00am 8:00am-9:00am 11:00am-12:00pm 12:00pm-1:00pm	8:00am-9:00am	
SELF DIRECTED FITNESS		7:00am-9:00am		7:00am-9:00am			

Lane Swim is available 7 days a week

- The number of lanes available will vary depending on other scheduled programs

HOLIDAY PUBLIC SWIM - 11:00am-7:00pm

For more information call **780-459-1553**



Fountain Park Recreation Centre
4 Cunningham Road, St. Albert T8N 2E9



Landrex Water Play Centre - Servus Place

SWIM SCHEDULE

ACTIVITY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LANE SWIM ONLY	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am		
PUBLIC SWIM	7:00am-9:00pm	7:00am-9:00pm	7:00am-9:00pm	7:00am-9:00pm	7:00am-9:00pm	7:00am-9:00pm	7:00am-9:00pm
AQUA HIIT	8:00am-8:45am		8:00am-8:45am		8:00am-8:45am		
AQUAFIT	9:00am-10:00am	8:00am-9:00am 9:00am-10:00am	9:00am-10:00am	8:00am-9:00am 9:00am-10:00am	9:00am-10:00am		
MOM & BABY AQUAFIT (registered)	10:15am-11:00am	10:15am-11:00am		10:15am-11:00am	10:15am-11:00am		
SWIM LESSONS (registered)		4:00pm-8:00pm	4:00pm-7:30pm			8:00am-10:30am	

Public Swim is available 7 days a week from 7am-9pm *(including holidays)*

- Select areas of the pool may not be available to the public when other activities are scheduled
- No lane swim available during scheduled swim lessons

For more information call **780-418-6088**



Servus Credit Union Place
400 Campbell Road, St. Albert T8N 0R8

