



# Arts & Athletics Tier 2 (9-12Y)

Week 3 (July 13 – 17)



Calling all athletic artists! Get ready for the ultimate fusion of creativity and sportsmanship at Arts & Athletics camp! You're invited to join us for a week of playing active sports and games but also using different mediums to create some incredible art projects! Prepare for a draw-dropping experience that seamlessly blends the thrill of play and the beauty of art. Make sure to bring both indoor and outdoor gear as we will be playing outside each day (weather permitting).

Pre and post-care are available.

## What to Bring

- Nut-free lunch and snacks
- Water bottle
- Bathing suit and towel (swimming days)
- Comfortable shoes for indoor & outdoor activities

## Sign-In (9am) and Sign-Out (4pm) will be in the Bright Dental Field House.

Please ensure you sign your child in and out of program each day. We begin our days with a large group game followed by small ice breaker games. This is a great time to chat with the leaders.



Bucket



Kit Kat

|          | Monday                                                     | Tuesday                          | Wednesday                                    | Thursday                                                        | Friday                                 |
|----------|------------------------------------------------------------|----------------------------------|----------------------------------------------|-----------------------------------------------------------------|----------------------------------------|
| 9:00 AM  | Sign-In in Bright Dental North Field House                 |                                  |                                              |                                                                 |                                        |
| 9:30 AM  | Seed & Stone Mosaic Studio                                 | The Great Bounce Circuit         | The Colour Flow Lab                          | Fieldtrip at St. Albert Art Gallery for the Explore Art Program | Swimming at Servus Place (10:00-12:00) |
| 10:30 AM | Curtain Call Kickball Challenge                            | Power & Precision Archery Arena  | “Bench It Like You Mean It” Benchball Clash  |                                                                 |                                        |
| 11:30 AM | Lunch & Free Play                                          |                                  |                                              |                                                                 |                                        |
| 12:30 PM | Outdoor Prism Streetscape Creations                        | Spark & Burst Salt Paintings     | Camp vs Camp “The Great Castleball Showdown” | Origami and Paper Transformations                               | Camp Star Showcase: Talent Takeover    |
| 1:30 PM  | Synchronized Splashes in the Servus Place Pool (1:00-3:00) | Corner Clash Soccer Frenzy       | DIY Friendship Bracelet creations            | Teamwork Mini Games Tournament                                  | Beading Ceremony and Memory Circle     |
| 2:30 PM  |                                                            | Shoot Your Shot Basketball Blitz | The Great Tag Challenge & Mirror Model Relay | Team Battle: Capture the Flag                                   | Ultimate Dodgeball Frenzy              |
| 3:30 PM  | Camp Wide Activity                                         |                                  |                                              |                                                                 |                                        |
| 4:00 PM  | Sign-Out in Bright Dental North Field House                |                                  |                                              |                                                                 |                                        |

\*Activities are subject to change.