



Bike & Soak (9-12Y)

Week 6 (August 4-7)



Gear up for an unforgettable outdoor biking experience at Bike & Soak camp designed for kids who thrive on the thrill of two-wheel adventures! Each day campers embark on a biking adventure around St. Albert along the beautiful Red Willow Trails. Campers will stop playing games, activities, and splash around at different parks and pools in the community. Campers must provide their own bike (5 to 12 speed bikes are recommended), bike lock and CSA approved helmet for the week. It is recommended campers have experience bike riding as in this camp they will be biking a lot! This camp is located at Garden Clubhouse at 5 Grenfell Avenue, (previously Grandin Clubhouse). Pre- and Post-Care are available for camps at Servus Place, they are not available for camps taking place at community clubhouses.

What to Bring

- Nut-free lunch and snacks
- Water bottle
- Bathing suit and towel (swimming days)
- Comfortable shoes for indoor & outdoor activities

Sign-In (9am) and Sign-Out (4pm) will be at Garden Clubhouse (4 Grenfell Ave.)

Please ensure you sign your child in and out of program each day. This time is a great opportunity for campers and parents to chat with the leaders before activities start.



Alto



Beaker

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM	Sign-In at Garden Clubhouse				
9:30 AM		Visit from the RCMP for Bike Safety & Icebreaker Games	The Great Expedition to Servus Place!	Exploring the Trails to Willoughby Park	Trail Ride to Ecole Sacre Coeur Park
10:30 AM		Test Ride to Hodgson Park for The Great Camp Soccer Kickoff	Pit Stop at Sir Alexander Mackenzie School for Camouflage	Triple Park Madness and Giant Capture the Flag	Going Looong for Ultimate Football and the Bead Ceremony!
11:30 AM	Lunch & Free Play				
12:30 PM		Journey back to Garden Clubhouse for Capture the Cone & Boomba	The Great Splashdown: Swimming at Servus Place Pool! (1:00-3:00) and the Journey Home to Garden Clubhouse	Summer Soak off at Woodlands Water Play Park! Aqua Adventures:	The Ultimate Trivia Showdown
1:30 PM		Trek to Hillgrove Park for Floor is Lava			The Second Splash! Beat the Heat at Grosvenor Outdoor Pool!
2:30 PM		The Splash and Dash Relay Race & Drip, Drip, Drop			
3:30 PM	Camp Wide Activity				
4:00 PM	Sign-Out at Garden Clubhouse				

*Activities are subject to change.