



Bike & Splash (7-9Y)

Week 7 (August 10-14)



Gear up for an unforgettable outdoor biking experience at Bike & Splash Camp designed for young explorers who thrive on the thrill of two-wheel adventures! Each day campers will embark on a biking adventure around St. Albert along the beautiful Red Willow Trails. Campers will stop to play games, activities, and splash around at different parks in the community. Children must be 7-9 years of age to register for this program, and they must provide their own bike (5 to 12 speed bikes are recommended), bike lock and CSA approved helmet for the week. It is recommended campers have experience bike riding as in this camp they will be biking a lot! This camp is located at Garden Clubhouse at 5 Grenfell Avenue, (previously Grandin Clubhouse). Pre- and Post-Care are NOT AVAILABLE for camps at community clubhouses.

What to Bring

- Nut-free lunch and snacks
- Water bottle
- Bathing suit and towel (swimming days)
- Comfortable shoes for indoor & outdoor activities

Sign-In (9am) and Sign-Out (4pm) will be at Garden Clubhouse.

Please ensure you sign your child in and out of program each day. This time is a great opportunity for campers and parents to chat with the leaders before activities start.



BOWTIE



BREEZY

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM	Sign-In at Garden Clubhouse				
9:30 AM	RCMP Bike Safety Presentation and ABC Bike Checks!	The Great Park Tour! First Stop: Lions Park for Mantracker	Bikers Ready! Start Your Pedals! Servus Place Trip Begins!	Fun in the Field! Krazy Kickball and Four Corner Soccer	Ride to Hodgson Park for Breezy and Bowtie’s Basketball Bracket Challenge!
10:30 AM	Testing Our Wheels at Albert Lacombe School for Sardines and Ace Masters!	Second Stop: Mission Park for Builders vs Bulldozers	Pit Stop at Neil M. Ross for the Triple Park Madness!	The Ultimate Flag Hunt at Hillgrove Park	
11:30 AM	Lunch & Free Play				
12:30 PM	Buffalo Tag and Evolution Showdown!	Beat the Clock: Minute to Win It Challenges!	Cannonball! Diving and Jumping at Servus Place Pool! (1:00–2:30pm)	Refueling For Our Ride: Wheels, Worms and Dirt at Butterfield Park!	Are YOU Smarter Than Your Leaders?
1:30 PM	Splishing and Splashing at Grosvenor Outdoor Pool! 1:00-3:00pm)	Food and Water Frenzy and Predator vs Prey!		Having BUCKETS of fun at Woodlands Spray Park!	Having Fun in the Sun at Grovesnor Outdoor Pool! (1:00-3:00pm)
2:30 PM		Drip, Drip, Drop & Can YOU Find Bowtie?		Adventure Back to Garden Clubhouse!	
3:30 PM	Camp Wide Activity				
4:00 PM	Sign-Out at Garden Clubhouse				

*Activities are subject to change.