

Fall Break Rooks to Cooks JR 6-9Y

November 12 & 13



What to Bring

- Lunch and snacks (nut free)
- Water in a labelled water bottle
- **Bathing suit and towel***
- Indoor Shoes

Sign in & Sign-out:

Sign-In (9am) will be held on Gym Court 2 & Sign-Out (4pm) on the North Field House.

Please ensure you sign your child in and out of program each day.
This is also a great time to check-in with their leaders!

	Thursday	Friday
9:00am	Sign-In on Gym Court 2	
9:20 am	Ice Breakers and Dodgeball Mania on Court 2.	Floor Hockey Playoffs and Octopus Tag! On Court 2
10:30 am	DIY Lava Lamps and Worms and Dirt Snack! In the Community Room.	Recipe Books and Fantastic Musical Chairs! In the Community Room
11:30 am	Lunch in the Community Room	Homemade Blueberry Pancakes and Shredded Hashbrowns in the Kitchen.
12:00pm	Chef Archery Training and Boomba Soccer! On the North Field House.	
1:00pm	Homemade Bacon Mac and Cheese	
1:30pm	with Peach Lemonade in the Kitchen.	Swimming like Goldfish at Servus Place Pool!*
3:00pm	Ultimate Kickball and Capture the Flag showdown on the North Field House.	
3:30 pm	Camp Wide Activity North Field House	
4:00 pm	Sign-Out on the North Field House	

Each day in Rooks to Cooks Camp, aspiring young chefs spend 2½ hours in the kitchen working in small groups to prepare a variety of recipes while building their skills and confidence. The rest of their days are filled with games around Servus Place, swimming, archery dodgeball, tag, and the occasional science experiment or craft.



Sunshine & Dancer are your camp leaders!



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Kids Programs

online at: activity.stalbert.ca