Fall Break Rooks to Cooks SR 9-12Y
November 12 & 13

What to Bring

- Lunch and snacks (nut free)
- Water in a labelled water bottle
- Bathing suit and towel*
- Indoor Shoes

Sign in & Sign-out:

Sign-In (9am) will be held on Gym Court 2 & Sign-Out (4pm) on the North Field House.

Please ensure you sign your child in and out of program each day. Our activity at the beginning of each day will consist of ice breaker games, with the opportunity to chat with the leaders before activities start.

	Thursday	Friday
9:00am	Sign-In on Gym Court 2	
9:20 am	Comfort Food Showdown: Mac n' Cheese Bites & Taco Cups in the Kitchen	Whippin' Up Sprinkle Dot Cakes & Frosty FroChos in the Kitchen
11:30 am	Lunch in the Kitchen	Lunch in the Community Room
12:00pm	Battle of the Chefs: Archery Dodgeball Edition on Court 2	Sous Chef Shuffle & Snap, Crackle, Pop! In the North Field House
1:00pm	Server Challenge: Creating and Testing DIY Obstacle Courses on the North Field House	DIY Obstacle Courses on Court 2
2:00pm	Design Your Own Food Truck & Recipe Book Decorating in the Multipurpose Room	Swimming in the Servus Place Pool! * (1:30-3:30pm)
3:00pm	What's Your Favorite Food? Bracket Challenge on the North Fild House	
3:30 pm	Camp Wide Activity North Field House	
4:00 pm	Sign-Out on the North Field House	





Guppy **Alto**

Are your Camp Leaders

Each day in Rooks to Cooks Camp, aspiring young chefs spend 2½ hours in the kitchen working in small groups to prepare a variety of recipes while building their skills and confidence. The rest of their days are filled with games around Servus Place, swimming, archery dodgeball, tag, and the occasional science experiment or craft.



Check out our

School Break Camps & Kids Programs

online at: activity.stalbert.ca

