



H2O & GO JR (6-9Y)

Week 7 (August 10 – 14)



Summer is here and it's time to get wet! At H2O & Go, campers will be making waves on aquatic adventures featuring pool dives, slip n' slides, water balloon battles, and a trip to the Woodlands Water Play Park. And when they're not soaking wet, they will be making crafts, doing experiments, and playing tons of games outside! Pre and post-care are available.

What to Bring

- Nut-free lunch and snacks
- Water bottle
- Bathing suit and towel (swimming days)
- Comfortable shoes for indoor & outdoor activities

Sign-In (9am) and Sign-Out (4pm) will be in the Bright Dental Field House.

Please ensure you sign your child in and out of program each day. We begin our days with a large group game followed by small ice breaker games. This is a great time to chat with the leaders.



SHOVEL



SOUPS

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM	Sign-In in Bright Dental North Field House				
9:30 AM	Beach Ball Get-to-Know-You, Rescue the Reef & Sea Statues!	Beach Ball Keep Up Challenge & Captains Coming!	Jumpin’ Jellyfish in the Bouncy Castles!	DIY Pool Noodle Ring Toss	The Ocean Floor is Lava & Craft Splash Squad Bracelets at Kingsmeade Sports Park
10:30 AM	Crafting “Wave Bottles”	Experimenting with Chalk Rockets!	Drip, Drip, Drop & Water Relay Race	Perfect Paper Popsicle Craft	
11:30 AM	Lunch & Free Play				
12:30 PM	Designing Our Camp Keychains & Sardines!	Slip n Slide & Wacky Water Balloon Adventures	Aqua Adventure to Grosvenor Outdoor Pool via StAT (1:00-3:00pm)	Super Spray Getaway to the Woodlands Water Play Park via StAT	Camp Bead Ceremony & Splish, Splash, Splosh
1:30 PM	Catching Waves at Servus Place Pool (1:00-3:00pm)	Tackling the Wavy Jumpzone			Splashtopia Swimming at Servus Place (1:00-3:00pm)
2:30 PM		Shovel’s Sandy Shore Squares			
3:30 PM	Camp Wide Activity				
4:00 PM	Sign-Out in Bright Dental North Field House				

*Activities are subject to change.