



PLAY SPORTS (Full Day 4-6Y)

Week 3 (July 13 – 17)



Campers, it's time to huddle up and get ready for a week of non-stop sports excitement at PLAY Sports camp! Lace-up those sneakers and prepare to learn new skills and refine existing ones while becoming an all-start as we dive into shooting hoops, throwing curling rocks, and kicking goals on the field. This week is all about teamwork, skill-building, and having a blast! Games, songs, and crafts really make this week a huge score!

Participants must be potty trained and able to use the washroom independently.

What to Bring

- Healthy, nut-free lunch and snacks
- Water bottle
- Clothes that can get messy
- Running shoes
- Spare set of clothes



Daisy



Smiley

Sign-In & Sign-Out

Sign In (9am) and Sign Out (4pm) will be located in the South Program Room located in the Pool hallway.

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM	Sign-In in Bright Dental North Field House				
9:30 AM	Circle Time & Stations				
10:00 AM	<i>The Way Champs Play</i> Read Aloud	<i>Froggy Plays Soccer</i> Read Aloud	Baseball Lacing Workshop!	<i>Just One Goal</i> Read Aloud	All-Star Bounce Arena
10:30 AM	Making Camp Keychains and Team Spirit Banners!	Figure Skating Ice Cube Paintings	Field Trip to the St. Albert Public Library via STAT to Play the Summer Reading Game	First Place Gold Medal Craft	Mini Movers Gymnastics
11:00 AM	Rhythmic Ribbon Dancing!	Paper Plate Tennis Tournament!		Ice skating meets Swimming Sensory bins	World Cup Crowns Craft
11:30 AM	Lunch Time				
12:30 PM	Mini Bouncing Basketball and Relay Racing!	Olympic Training Dramatic Play	Field Trip to the St. Albert Public Library Cont'd	Puck & Play Hockey	<i>Giraffes Can't Dance</i> Read Along
1:00 PM	DIY Superfan Foam Fingers!	Little Yogis Yoga Class	Super Straw Sprint!	Magic Moving Basketball	Sports Freeze Dance
1:30 PM	Floating Rowboats Science Experiment!	F1 Car Wash Sensory Play!	Champion Bowling	Pump It Up! Parachute Games	Design Your Own Jersey
2:00 PM	Snack Time				
2:30 PM	Sports Ball Secret Scavenger Hunt!	Miniature World Cup Soccer!	Playoff Party Bouncers	Mini Golf Flag Creation	Animal Relay Race
3:00 PM	Keep It Up Balloon Volleyball!	All Star Self Portraits!	Playoff Party Bouncers	Magnificent Mini Golf	Crazy Curling Bonspiel
3:30-4:00 PM	Sign-Out in the South Program Room				

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*Activities are subject to change.