



Princesses and Superheroes (Half Day 4-6Y)

Week 7 (August 10-14)

Step into a world where Spider-Man swings, Wonder Woman saves the day, Elsa wields her icy powers, and Moana sails across the seas! Campers will embark on magical quests filled with crafting, storytelling, and heroic adventures inspired by their favorite superheroes and princesses. Costumes are welcome—or borrow one from us—and get ready for a week of enchantment, imagination, and happily-ever-afters! *Participants must be potty trained and able to use the washroom independently*

What to Bring

- Healthy, nut-free lunch and snacks
- Water bottle
- Clothes that can get messy
- Running shoes
- Spare set of clothes



PASCAL



SQUISHY

Sign-In & Sign-Out



Sign-In (1pm) and Sign-Out (4pm) will take place in the North Program Room across from the pool changerooms. Please ensure you sign your child in and out of program.

	Monday	Tuesday	Wednesday	Thursday	Friday
1:00 PM	Sign-In in North Program Room				
1:30 PM	Circle Time & Stations	Circle Time & Stations	Circle Time & Stations	Circle Time & Stations	Circle Time & Stations
2:00 PM	Escape the Villains & Castle Construction	Dragon Egg Scavenger Hunt	Superpower Pileup! & Parachute Games	Mighty Hero Training Obstacle Course	Frog, Frog, Princess and Knight Noodle Joust
2:30 PM	Super Cuffs & Magic Wand Crafts	Kings and Queens Crown Craft	Paper Bag Hero Craft	DIY Royal Shield Creations	Popsicle Princesses and Heroes
3:00 PM	Snack Time				
3:30 PM	Royal Ball Freeze Dance & Kiss the Frog	Spidey's Web Slinger Game	Rule the Kingdom! in the Indoor Playground	Adopt a Super Sidekick!	Hooray Heroes! Bead Ceremony & Camp Chains
4:00 PM	Sign-Out in North Program Room				

*Activities are subject to change.