



“It Starts With Me”:

St. Albert is a Welcoming & Inclusive Community

Communities are strongest when they bring together a diverse set of voices, perspectives, and backgrounds (St. Albert Social Master Plan).

This series of ‘snapshots’ is intended to help you learn more about the people in our community and workforce who risk may exclusion.

Each snapshot is about a specific group, but there is diversity within each one of these groups

These Snapshots are not all-encompassing and may not include all people who risk exclusion. How a group of people identify themselves will expand far beyond a snapshot. Also, each of us could identify with more than one group, and our individual personalities make each person unique.

Sexual and Gender Minorities (LGBTQ2)

St. Albert is a diverse community. In our community there are people who are lesbian, gay, bisexual, transgender, two-spirit, and queer (LGBTQ2). Often we may see the acronym with a +, where the + includes an increasingly wide range of diverse sexual orientations, gender identities, and gender expressions.*

LGBTQ2 individuals are part of every aspect of our city, contributing every day – even if you may not know it. Many professionals, workers, students, parents, siblings, grandparents, family, community members and more are not cisgender or heterosexual. People of different gender identities and sexualities exist in every faith, culture, ethnicity, and community in the world.

The percentage or number of LGBTQ2 people in St. Albert is difficult to determine, partly because of safety and the fact that people’s identity evolves over time. Common statistics suggest 5-10% of the population identifies as non-heterosexual or LGBTQ2, and in the 2018 St. Albert Census, 0.05% of residents identified as transgender, and 0.01% identified as ‘other.’

An *ally* is a person who stands up, speaks out and actively supports the human and civil rights of LGBTQ2 individuals. Being an ally includes taking action to ensure everyone has equal access to resources and benefits as full community members.

*In & Out: [*Diverging Perspective on LGBT Inclusion in the Workplace*](#)

What’s Happening in Our Community?

- St. Albert Pride is a volunteer-driven initiative; a group of St. Albert residents committed to building a welcoming and inclusive community for everyone. www.stalbertpride.ca
 - St. Albert’s Pride Festival is hosted in the city every June. For more information or updates about Pride, visit <https://outloudstalbert.ca/pride/>

Safe Places

- **Outloud** is a St. Albert LGBTQ+ youth group that meets on the 1st and 3rd Tuesday of each month 7-9 pm at The Collective 43 St. Thomas Street. www.outloudstalbert.ca.
- **PFLAG St. Albert** meets every 2nd Tuesday of the month from 6 to 8pm. This is a group for parents, friends, and allies to support and understand LGBTQ+ people in their lives. <https://www.facebook.com/PflagSt.Albert>
- **Bellerose High School** and **Paul Kane High School** both have a Gay-Straight Alliance (GSA) or Queer-Straight Alliance for youth attending these St. Albert Public Schools.
- **The Community Intake Counselling Program** provides direct support to youth and young adults through information and referral, initial assessment and consultation, and outsources links to community resources and advocacy.
The Community Intake Counsellor focuses on youth and young adults up to 24 years of age, using a holistic approach that incorporates community and natural supports. The support provided can vary significantly depending on the young person's personal goals.
10, 50 Bellerose Drive
780-909-3731
- The **St. Albert Family and School Liaison Program** is a family-centered resource providing support to individuals and families whose children may be experiencing difficulties, either at school or at home. This is a confidential, free service provided to St. Albert residents and schools.
780-459-1756, or go to www.stalbert.ca and search *Family School Liaison Program*.
- **Camp fyrefly** is Canada's only national leadership retreat for lesbian, gay, bisexual, trans, two-spirit, intersex, queer, questioning, and allied youth. <http://www.fyrefly.ualberta.ca/>
- For **anonymous and free support and counseling services**, 24 hours a day, seven days a week, please call Kids Help Phone at 1-800-668-6868. To ask a question online, visit kidshelpphone.ca
- The **Pride Centre of Edmonton** provides information, events and support. www.pridecentreofedmonton.ca

To Learn More:

[LGBTQ+ Reads](#) from the St. Albert Public Library

[Alberta Human Rights](#) to learn more about Protected Areas and Grounds under the Alberta Human Rights Act including sexual orientation and gender.

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Canadian Centre for Diversity and Inclusion (In & Out Diverging Perspectives on LGBT in the Workplace)



Welcoming & Inclusive Communities
Together we shine



Community Services

10, 50 Bellerose Drive St. Albert, AB T8N 3L5

csd@stalbert.ca 780 459 1756



Alberta
Human Rights Commission