

## Memoirs



### Everything happens for a reason: and other lies I've loved

by Kate Bowler  
362.196994 BOW

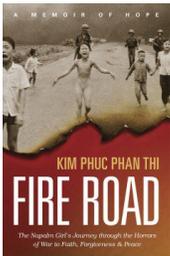
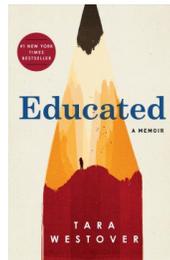
A divinity professor and young mother with Stage IV cancer shares her perspectives on friendship, love

and death while describing her efforts to remain true to her faith in spite of impossible hardships.

### Educated: a memoir

by Tara Westover  
305.4092 WES

Traces the author's experiences as a child born to survivalists in the mountains of Idaho, describing her participation in her family's paranoid stockpiling activities and her resolve to educate herself well enough to earn an acceptance into a prestigious university and the unfamiliar world beyond.



### Fire road: The napalm girl's journey through the horrors of war to faith, forgiveness, and peace

by Kim Phuc Phan Thi  
959.70431 KIM

The author gained inadvertent fame as a 1970's antiwar icon when a

photographer took a picture of her as she ran naked from a napalm attack in Vietnam. This spare and lucid memoir will touch readers of all faiths and nationalities.

## Books for Children



### The three questions

by Jon J. Muth  
MUT (Easy Picture Book)

In order to be the best person he can be, Nikolai asks his animal

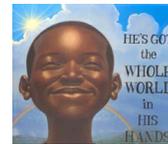
friends to help him answer three important questions: "When is the best time to do things?" "Who is the most important?" and "What is the right thing to do?"

### He's got the whole world in his hands

by Kadir Nelson

NEL (Easy Picture Book)

Spiritual, scenic, and family inspired illustrations tell the tale of the folk song's message, capturing the beauty and joy of living in and engaging with the world, from the bright-eyed wonderment perspective of a child.



### Potatoes, potatoes

by Anita Lobel

LOB (Easy Picture Book)

After her two sons join different armies to fight the war on opposite sides, a lonely mother waits on her potato farm for their safe return, but when the sons finally arrive back home with their army friends, the fighting resumes until the two brothers realize just how senseless the battle is.

# Religion and Spirituality



A selection of books for adults, teens and children at  
St. Albert Public Library



St. Albert Public Library  
Cultivating Community

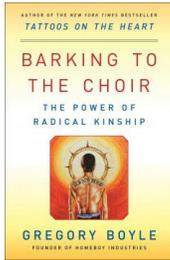
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## Inspiring



### Barking to the choir: the power of radical kinship

by Greg Boyle  
259.5 BOY

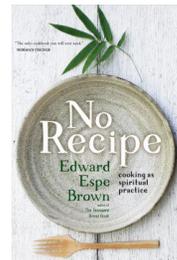
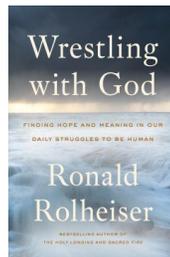
A Jesuit priest and founder of Homeboy Industries traces his experiences of working with gangs in Los Angeles for three decades,

sharing what his efforts have taught him about faith, compassion, and the enduring power of radical kinship.

### Wrestling with God: finding hope and meaning in our daily struggles to be human

by Ronald Rolheiser  
234.23 ROL

An inspiring message of hope and perseverance for all of us struggling with our faith in tumultuous times.



### No recipe: cooking as spiritual practice

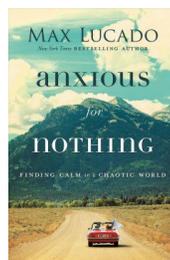
by Edward Espe Brown  
294.3446 BRO

The author (a Zen teacher and chef) addresses the spiritual qualities of cooking in this illuminating guide.

### Anxious for nothing: finding calm in a chaotic world

by Max Lucado  
248.86 LUC

A roadmap for battling with and healing from anxiety.

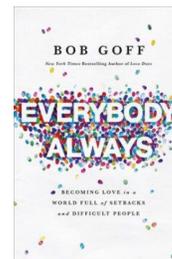


## Challenging

### I'm still here: Black dignity in a world made for whiteness

by Austin Channing Brown  
305.8960 BRO

Brown highlights how white middle-class evangelicalism has participated in the rise of racial hostility, and encourages the reader to confront apathy and recognize God's ongoing work in the world.



### Everybody always: becoming love in a world full of setbacks and difficult people

by Bob Goff  
204.4 GOF

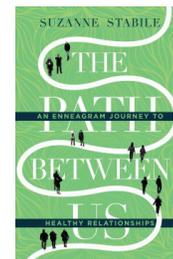
Argues that the secret of living without fear, care, constraint, or

worry is to love everybody without distinction and without limits

### The path between us: an Enneagram journey to healthy relationships

by Suzanne Stabile  
155.26 STA

This delightful relationship guide is based upon the Enneagram, an ancient Christian approach to understanding nine basic personality types.



### Born with wings: the spiritual journey of a modern Muslim woman

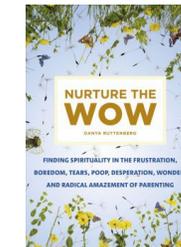
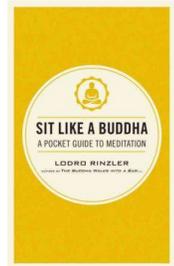
by Daisy Khan  
297.092 KHA

## Instructive

### Sit like a Buddha: a pocket guide to meditation

by Lodro Rinzler  
294.3443 RIN

A concise, pocket-size guide to meditation tells you everything you need to know, from the best-selling author of The Buddha Walks into a Bar...



### Nurture the wow: finding spirituality in the frustration, boredom, tears, poop, desperation, wonder, and radical amazement of parenting

by Danya Ruttenberg

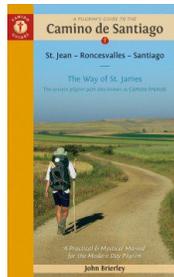
296.74 RUT

A respected rabbi reflects on how the work of raising children can be understood as a spiritual practice and how religious traditions and sacred texts can help mothers and fathers make sense of the confounding world of parenting.

### A pilgrim's guide to the Camino De Santiago

by John Brierley  
914.61 BRI

Contains all the information needed by modern-day pilgrims wishing to walk the sacred Way of St. James.



### Sing!: how worship transforms your life, family, and church

by Keith Getty  
264.2 GET