

## “It Starts with Me”

*Communities are strongest when they bring together a diverse set of voices, perspectives and backgrounds. (St. Albert Social Master Plan)*

*Community & Social Development is featuring a series of ‘snapshots’ intended to help you learn more about the people in our community and workforce who risk exclusion.*

*These Snapshots are not all-encompassing and may not include all people who risk exclusion. How a group of people identify themselves will expand far beyond a snapshot. Also, each of us could identify with more than one group, and our individual personalities make each person unique.*



## 🌸 Immigrants and Refugees

People from all over the world have made their home in St. Albert. Immigrants bring skills and experiences that enrich our community.

- 🌸 In the 2016 City of St. Albert Census, 3.5% of those who have lived less than two years in our city said they came from a country other than Canada. 5% of total respondents indicated their mother tongue was a language other than English or French.

## 🌸 Racialized People

- 🌸 Racialization (noun) is using social and biological markers (e.g. skin colour, cultural habits, hair, language, accents, religion, political beliefs and surnames) to label or perceive a person as ‘non-white’. If you’re racialized, you’re likely to be marginalized and face discrimination at some level (see [AUMA WIC Glossary of Terms](#) for further explanation)
- 🌸 Statistics Canada 2016 Census indicates 5,740 individuals (8.9% of total population) identified as a ‘visible minority’. This compares to 4,000 (6.6% of total population) in 2011. Many of these individuals were born in Canada and are children or grandchildren of immigrants. The highest percentage self-reported as: Filipino, South Asian, Black, Chinese and Arab.
- 🌸 While ‘visible minority’ is the term used in Canada’s human rights legislation and Statistics Canada, the term ‘Racialized People’ is preferred. Racialized groups may experience unequal treatment on the basis of race, ethnicity, language, religion and culture.

## \* March 21st is the International Day of the Elimination of Racial Discrimination

Did you know? that in December 2008 the City of St. Albert became one of the signatory municipalities of the [Canadian Coalition of Municipalities Against Racism and Discrimination \(CCMARD\)](#). The Common Commitments include 1) the municipality as a guardian of the public interest; 2) the municipality as an organization in the fulfillment of human rights; 3) the municipality as a community sharing responsibility for respecting and promoting human rights and diversity.

## How Can I be Involved? Learn more about local resources and be ready to share with newcomers you encounter at work, at play or in your neighbourhood.

- \* Eat. Learn. Belong. Cultural Kitchen at the St. Albert Community Village- an open and relaxed environment to meet new people from different cultures <http://stalbertcv.com/community-kitchen-program/> 780-459-0599.
- \* Settlement Services Program- Located at the St. Albert Public Library. Ask for the Settlement Practitioner for help with any newcomer questions 780-459-1682 or [mcameron@shawbiz.ca](mailto:mcameron@shawbiz.ca) .
- \* Star Literacy: Helps adults improve their English language skills 780-459-5864 [www.starliteracy.ca](http://www.starliteracy.ca)
- \* St. Albert Public Library: Free adult programs, children's programs and internet services 780-459-1682 [www.sapl.ca](http://www.sapl.ca) .
- \* St. Albert Community Information & Volunteer Centre: No charge income tax help for low income. Community information: Phone 780-459-6666 [www.stalbertcivc.com/community-info](http://www.stalbertcivc.com/community-info) .
- \* [Welcome to St. Albert Brochure](#) produced by the St. Albert Welcoming Community Committee.
- \* Check out the brochure with select books on [The Immigrant Experience](#) put together by our St. Albert Public Library.



Welcoming & Inclusive Communities  
*Together we shine*



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