

Seniors Housing In St. Albert - July 2015

Levels of care are based on the Alberta Supportive Living Framework
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What You Need to Know:

While there are many types of accommodations available to seniors in St. Albert, it is important to note that many of these facilities are full and have waiting lists. Plan for future housing changes with this in mind.

Seniors who are unable to live independantly must be assessed through Alberta Health Services Community Care Access to determine the appropriate level of care required. This assessment is applicable to SL3 and SL4 supportive housing, dementia care, auxilary hospitals, and long term care facilities. Housing placement is based on individual need, urgency of care, and availability of rooms. Publicly sponsored facilities may provide a subsidy for low income seniors based on income eligibility. To book an assessment, or for more information call 780-496-1300.

Private facilities with private heath and personal care services can be access directly by contacting the housing provider. Confirm costs for private care services, as there may be extra charges.

Facility	Unit Type	No. of Units	Units Supported by Provincial Programs	Cost of Units	Services Provided at Facility	How to apply
<p>Supportive Living Level 1 - Residential Living <i>Primarily needs housing for safety, security and socialization. Can manage <u>most</u> daily tasks and direct own care. Senior is responsible for decisions about day-to-day activities. Meals available at select facilities. Community Care Assessment not required for provincially sponsored units.</i></p>						
Chateau Mission Court 34 Mission Ave.	Self contained rental suites operated by the Sturgeon Foundation (non-profit seniors housing)	53	53	Rent based on 30% of residents income. Additional monthly costs: Parking \$15 Cable \$25 Power \$37.	No services or meals provided. Housing is suitable for independant seniors with incomes below stated limits. Home Care is available through Alberta Health Services.	Contact Chateau Mission Court for applications and to arrange a tour of the facility at 780-458-7445. Applicants must be over 65 and have an income below \$38,000 (single) or \$48,000 (couple) based on line 150 of income tax return.
Ironwood Estates 40 Ironwood Point	Suites with small kitchenette (no stove). Month-to-month rent includes meals	109	0	<u>Studio units</u> from \$2350 <u>1 bedroom</u> from \$3400 <u>2 bedroom</u> from \$4650 plus \$500/month for second person. Underground Parking \$75/month	3 meals/day in common dining room, housekeeping, linen service and transportation available. Utilities and cable included in rent. Home Care is available through Alberta Health Services.	Call 780-459-0770 for tour and complimentary meal. Managers are available from 8 am to 8 pm for information.
Citadel Mews East 35 Erin Ridge Road	Self-contained suites. Life lease equity investment with optional services available	81	0	Monthly operating fee plus lease cost (varies based on amount invested in unit). 94% of lease investment returned when resident moves. 6% lease termination fee.	Supper provided for additional fee. Home Care is available through Alberta Health Services.	Call Carol at 780-934-6636 or show suite @ 780-902-9950 (open 1 - 5 p.m. 7 days/week)
Citadel Mews West 15 Erin Ridge Road	Self-contained suites. Life lease equity investment with optional services available	51	0	Monthly operating fee plus lease cost (varies based on amount invested in unit). 94% of lease investment returned when resident moves. 6% lease termination fee.	Supper provided for additional fee. Home Care is available through Alberta Health Services.	Call Carol at 780-934-6636 or show suite @ 780-902-9950 (open 1 - 5 p.m. 7 days/week)
North Ridge Place 19 Mont Clare Place	Self contained rental suites operated by the Sturgeon Foundation (non-profit seniors housing)	48	48	<u>1 bedroom</u> \$750/month (approx. 540 sq. ft) <u>2 - bedroom</u> \$900/month (approx. 720 sq. ft)	Additional costs: Power \$40, Outdoor Parking \$20, Cable \$19, Laundry \$15 per person. Meals available at Lodge for an additional cost. Can be purchased as a monthly plan or meal vouchers.	Call 780-460-0445 to determine availability of units and to arrange a tour of the facility. Applicants must be over 65 and have an income below \$38,000 (single) or \$48,000 (couple) based on line 150 of income tax return. Applications available at facility, or via mail or email.
Rosedale 20 Hebert Road	Self-contained rental suites	160	0	<u>1 - bedroom</u> \$2,426 - \$2,595/month <u>2 - bedroom</u> \$2,988 - \$3,198/month Additional person - \$585/month. Rent includes supper, weekly housekeeping, cable, linen service, emergency response system, and utilities. LPN on duty. Home Care is available through Alberta Health Services.	Parking \$70 underground, Surface parking - free. On-site clinics: pharmacy, hearing aid, medical, foot care and eye clinic. Fee-for-service for breakfast, lunch, and personal laundry.	Call Rosedale Developments at 780-460-1600 or visit www.rosedaledevelopments.com
Total Level 1 Units		502	101			

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Supportive Living Level 2 - Lodge Living		<i>May require some assistance and/or encouragement to participate in social, recreational, and rehabilitation programs. Full meal services, housekeeping and laundry services available. All or most personal assistance can be scheduled. All lodge units are Provincial sponsored. Income limits may apply for access to facility.</i>				
North Ridge Lodge 21 Mont Clare Place	Studio rooms (no kitchen, private bathroom)	45	45	Rent based on 30% individual net income (line 150 on tax return) but not less than \$1,000 to a maximum of \$1,540/month per person. Additional Costs: Cable \$25 Parking \$15 Eligible income limit = \$28,260	3 meals per day, housekeeping, linen service, utilities, security system. Home care through Alberta Health Services	Contact North Ridge Lodge at 780-460-0445 to determine availability of units and to arrange a tour of the facility. Residents are restricted to over 65 and low to moderate income. Waitlist based on need of care and lowest income.
Chateau Mission Court 34 Mission Ave.	Studio rooms (no kitchen, private bathroom)	43	43	Rent based on 30% individual net income (line 150 on tax return) but not less than \$1,000 to a maximum of \$1,540/month per person. Additional Costs: Cable \$25 Parking \$15 Eligible income limit = \$28,260	3 meals per day, housekeeping, linen service, utilities, security system. Home care through Alberta Health Services	Contact Chateau Mission Court at 780-458-7445 to determine availability of units and to arrange a tour of the facility. Residents are restricted to over 65 and low to moderate income. Waitlist based on need of care and lowest income.
Total Lodge (Level 2) Units		88	88			
Supportive Living Level 3 (SL3) - Designated Assisted Living Units (DAL)		<i>Residents may require up to 2 hours direct care/day and may need assistance with many daily tasks, including increased assistance to participate in social, recreational, and rehabilitation programs. Full meal services provided. Suitably qualified, certified, or trained staff on site on a 24 hour basis. Facilities are only available through Community Care Access referral.</i>				
Rosedale 20 Hebert Road	Designated Assisted Living (*DAL) care	70	70	Private studio rooms (no kitchen, private bathroom) \$1,893/month (as of July 1, 2015). Alberta Senior's Benefit available for low income residents.	3 meals daily, LPN - 24 hours RN - on call. Health care aids, occupational and respiratory therapists available. Residents may receive up to <u>2 hours</u> of direct care per day.	Units available only by assessment through Community Care Access at 780-496-1300.
Total Level 3 Units		70	70			
Supportive Living Level 4 (SL4) - Enhanced Designated Assisted Living (EDAL)		<i>Residents may receive up to 3 hours direct care/day and may require assistance with most or all daily tasks, including making decisions about day-to-day activities. Full meal services provided. Regulated professional staff on site on a 24 hour basis. Facilities are only available through Community Care Access referral.</i>				
Citadel Mews West 15 Erin Ridge Road	Enhanced Designated Assisted Living (*EDAL) care	71	31	Rates as of July 1, 2015 for one person: Studio = \$1893 Small 1 bedroom = \$2,571 Large 1 bedroom = \$3,102. Second independent person in room = \$700/month. Alberta Senior's Benefit available for low income residents.	3 meals daily. LPN - 24 hours RN - on call. Health care aids, occupational and respiratory therapists available. Residents may receive up to <u>3 hours</u> of direct care per day.	Units available only by assessment through Community Care Access at 780-496-1300.
Total Level 4 units		71	31			

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Private Supportive Living Units						
Facility	Unit Type	No. of Units	Units Supported by Provincial Programs	Cost of Units	Services Provided at Facility	How To Apply
Revera - River Ridge 78C McKinney Ave.	Private supportive living month-to-month rent	90	0	Studio, <u>One bedroom, one bedroom plus den.</u> and <u>two bedroom</u> units available. Contact housing provider for unit prices.	Lunch and supper in dining room and 2 snacks, 24 hour emergency response by LPN, emergency pendant, weekly housekeeping and linen service, transportation service, utilities, complimentary laundry facilities. Home care services by staff. Extensive creative expression programming.	Call Bonnie at 780-470-7178 for tour appointment and availability. Director of Health and Wellness assessment required, in order to determine suitability of facility to level of care needed. Assessment through Community Care access <u>not required</u> .
Revera - River Ridge 78cMcKinney Ave.	Memory Lane - private dementia care month-to-month rent	24	0	Studio units. Second occupant extra. Contact housing provider for price.	Secure setting, 3 meals/day in private dining room, 24 hour emergency response by LPN, personal care attendants, laundry, housekeeping, staff supply home care service requirements, private garden, dementia recreational program.	Call Bonnie at 780-470-7178 for tour appointment and availability. Director of Health and Wellness assessment required, in order to determine suitability of facility to level of care needed.
Total Private Supportive Units		114				
Private Supportive Living Units - Under Construction						
All Seniors Care Living Centres 125 Everitt Drive North	Self-contained rental suites	110	0	Rental Rates are not known at this time.		For information call 1-780-569-2273 or refer to the All Seniors Care website.
All Seniors Care Living Centres 125 Everitt Drive North	Private supportive living month-to-month rent	72	0	Rental Rates are not known at this time.		For information call 1-780-569-2273 or refer to the All Seniors Care website.
Total units under construction		182				

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Long Term Care Facilities - includes Nursing Homes and Auxiliary Hospitals (24 hour nursing care)						
		<i>Facilities are only available through Community Care Access referral. Suitable for individuals with very complex and chronic health needs who require 24-hour nursing care. Includes nursing homes and auxiliary hospitals. Resident is responsible for housing costs. Alberta Seniors Benefit subsidy may be available for low income seniors. Physician support is required in all long term care facilities.</i>				
Youville Home 9 St. Vital Ave.	Long Term Care Facility	222	222	July 1, 2015 - Private rooms - \$62.26/day. Semi-private rooms - \$53.87/day Health costs paid by Alberta Health Services.	24 hour RN nursing care. 3 meals/day plus snacks Personal laundry \$30. Cable \$25. Access to facilities by assessment.	Available only by assessment through Community Care Access. Call 780-496-1300
Citadel Care Centre 25 Erin Ridge Road	Long Term Care Facility	114 private 14 semi private	128	July 1, 2015 - Private rooms - \$62.26/day. Semi-private rooms - \$53.87/day Health costs paid by Alberta Health Services.	24 hour RN nursing care. 3 meals/day plus snacks. Access to facilities by assessment. Recreational activities provided. Registered dietician and occupational therapist on staff.	Available only by assessment through Community Care Access. Call 780-496-1300
Foyer Lacombe 1 St. Vital Ave.		41	0			Facility in transition to Covenant Health.
Total Continuing Care Units		391	350			
Nearby Facilities - Villeneuve						
West Country Hearth Villeneuve	Level 1 - Independent supportive living. Month-to-month rent.	46		<u>Studio units</u> \$1340 <u>1 bedroom</u> \$1860 for 1 person + \$680 for additional person <u>2 bedroom</u> \$3050 (2 people) Includes 2 meals/day and housekeeping.	Rates quoted include 2 meals/day (mandatory) and housekeeping. Breakfast is optional at \$80/person/month. Services: Hairdresser 2x week, bus trips	Call 780-418-3015 for application. Screening process for applicants. Priority given to residents of Sturgeon County
West Country Hearth Villeneuve	Level 3 - Designated Assisted Living (*DAL)	6	7	Studio units \$1893 (as of July 1, 2015)	3 meals daily, LPN - 24 hours RN - on call. Health care aids, occupational and respiratory therapists available. Residents may receive up to <u>2 hours</u> of direct care per day.	Available only by assessment through Community Care Access. Call 780-496-1300
West Country Hearth Villeneuve	Level 4 - Enhanced Designated Assisted Living (*EDAL)	13	12	Studio units \$1893 (as of July 1, 2015)	3 meals daily, LPN - 24 hours RN - on call. Health care aids, occupational and respiratory therapists available. Residents may receive up to <u>3 hours</u> of direct care per day.	Available only by assessment through Community Care Access. Call 780-496-1300
West Country Hearth Villeneuve	Level 4 - Alzheimer Unit - Enhanced Designated Assisted Living (*SL4-D)	13	13	Studio units \$1893 (as of July 1, 2015)	3 meals daily, LPN - 24 hours RN - on call. Health care aids, occupational and respiratory therapists available.	Available only by assessment through Community Care Access. Call 780-496-1300
West Country Hearth	Respite Units	2				Call 780-418-3015 for availability and rates

Legend



Units in planning or construction stage

*SL4-D - Living with Dementia, requires 24/7 support to safely carry out daily activities, interact with, and understand the living environment

*EDAL - Enhanced Designated Assisted Living (up to 3 hours care/day)

*DAL - Designated Assisted Living (up to 2 hours care/day)

*BF - Barrier free: unit is fully wheelchair accessible

*LPN - Licensed Practical Nurse

*RN - Registered Nurse

What is the Alberta Seniors Benefit Program?

The Alberta Seniors Benefit Program provides a monthly income supplement to federal income sources including Old Age Security and Guaranteed Income Supplement. Eligibility is determined by the type of accommodation you live in, your age, and residential status. Eligible residents in provincially supported housing programs must be left with at least \$315/month in disposable income after accommodation costs. For further information call the Alberta Supports Contact Centre at 780-644-9992, or visit www.albertasupports.ca