



St. Albert Seniors Housing Directory

July 2017

Links to Senior Resources:

St. Albert Seniors Housing Brochure
https://stalbert.ca/uploads/PDF-infosheets/StAlbert_SeniorsHousing_Brochure_2016.pdf

St. Albert Seniors Association
Ph: (780) 450-0433
<http://stalbert50plus.com/>

Homeland Housing
<http://www.homelandhousing.ca/>

Senior's Housing Fact Sheet
https://stalbert.ca/uploads/PDF-infosheets/PD_Seniors-Fact-Sheet.pdf

Where Do I Start?

There are many types of accommodations available to seniors in St. Albert and the surrounding area. These choices range from independent living options, up to the highest levels of supportive care.

For more information on housing supports and community services, click on the St. Albert [Seniors Housing Brochure](#) or pick up a copy at the St. Albert Seniors Centre or at the St. Albert Public Library.

The population of seniors is growing at an unprecedented rate. You may be placed on a waiting list for your desired housing choices. Extended timelines will need to be taken into consideration when evaluating your future housing requirements.

What Information is Provided in this Directory?

This directory provides a summary of housing options for seniors in St. Albert, grouped by the level of care provided. The sidebar to the left provides links to various senior resources.

Contact the facilities directly for the most current information on housing costs and available services, as they may change.

Alberta Seniors Housing Programs

http://www.seniors-housing.alberta.ca/housing/seniors_self_contained_housing.html

Alberta Supportive Living Guide

<http://www.health.alberta.ca/services/supportive-living-guide.html>

Publicly Funded Supportive Living (SL)

Accommodations

<http://www.health.alberta.ca/documents/CC-List-Funded-SLA-LTC.pdf>

Alberta's Continuing Care System

<http://www.health.alberta.ca/services/continuing-care.html>

Assessing Continuing Care and Referrals

<http://www.albertahealthservices.ca/cc/Page15237.aspx>

Alberta Seniors Benefit Program

<http://www.seniors-housing.alberta.ca/seniors/seniors-benefit-program.html>

Assessing my Needs:

Consider the following questions when determining future housing requirements:

- What can I afford? Am I eligible for financial assistance through Provincial programs?
- Where would I like to be located? Do I want to be near relatives and friends?
- Do I want meals to be included with my housing, or would I prefer to cook for myself?
- What kind of amenities and activities would I like the facility to provide?
- Do I need assistance with eating, taking medications, mobility, or bathing?

How Do I Access Care Facilities?

Access to publicly sponsored supportive living facilities (SL3, SL4), auxiliary hospitals, and nursing homes, will require an assessment through Alberta Health Services Community Care Access. This assessment will match your specific health care requirements with suitable housing choices.

To book an assessment, or for more information contact: 780-496-1300

Private facilities generally do not require an assessment through Alberta Health Services. Discuss your needs with the private housing provider for placement options.

Financial Assistance:

Homeland Housing provides affordable accommodations for low income seniors in St. Albert and the surrounding area. For more information contact: <http://www.homelandhousing.ca/>

The Alberta Seniors Benefit (ASB) program provides a monthly income supplement to federal income sources including Old Age Security (OAS) and Guaranteed Income Supplement (GIS). Click [here](#) for information on eligibility, or see link on left.

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Services included in cost	Not Included in Cost	Barrier Free Units	How to Apply
Supportive Living Level 1 – Residential Living: Primarily needs housing for safety, security, and socialization. Can manage <u>most</u> daily tasks and direct own care. Senior is responsible for day-to-day activities. Meals available at select facilities. Community Care Assessment not required for provincially sponsored units.						
Chateau Mission Court 34 Mission Avenue St. Albert AB T8N 1H8	53 Self-contained rental suites. All units supported by Provincial Programs.	Rent-Geared-to-Income (RGI) – Rent is based on 30% of resident’s income. Current average rent is approximately \$700/month. Rates are reviewed annually.	Heat, Water, and laundry facilities.	Optional meal contract, phone, optional parking (\$15), cable (\$26), and power (\$37).	Yes - 2 Barrier free units	Contact Chateau Mission Court for applications and to arrange a tour of the facility at 780-458-7445. Applicants must be over 65 and have an income below \$42,000 (single) or \$53,000 (couple) based on line 150 of income tax return.
Ironwood Estates 40 Ironwood Point St. Albert AB T8N 6R1	109 suites with small kitchenette (no stove). Private facility – rental subsidies not available.	Studio Units: From \$2,400 1 Bedroom: From \$3,400 2 Bedroom: From \$4,650 plus \$500/month for second person	3 Meals/day in common dining room, utilities (electricity, gas, water, sewer, and trash removal), cable, weekly housekeeping, scheduled transportation, and activities.	Phone and underground parking (\$75).	Yes - Some barrier free units	Call 780-459-0770 for tour and complimentary meal. Managers are available from 8 am to 8 pm for more information.
Citadel Mews East 35 Erin Ridge Road St. Albert AB T8N 0G6 Ph	81 Self-contained suites. Private facility. Life lease equity investment with optional services available.	Monthly operating fee plus lease cost (varies based on square footage). 92% of lease investment returned when resident moves. 8% lease termination fee. Rental options available.	Heat, power, water/sewer, basic cable, internet continental breakfast, limited in-suite maintenance, garbage disposal, and suite air-conditioning.	Phone, tenant insurance, meals, weekly housekeeping, and laundry.	Yes - Some barrier free units	Call Carol at 780-934-6636 or show suite at 780-902-9950 (open 1-5 pm 7 days a week) Age 55+ Facility

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Services included in cost	Not Included in Cost	Barrier Free Units	How to Apply
St. Albert Retirement Residence - All Seniors Care 25 Everitt Drive North St. Albert AB	90 self-contained rental suites. Private facility – rental subsidies not available.	1 Bedroom, 1 Bedroom + Den, and 2 Bedroom suites available. Please call for information.	3 meals daily + snacks, utilities, weekly housekeeping, weekly linen and towel service, activities/outings.	Optional cable/phone package	Yes – All units	For information call 1-780-569-2273 or refer to the All Seniors Care website. Age 55+
Citadel Mews West 15 Erin Ridge Road St. Albert AB T8N 0R3	51 Self-contained suites. Life lease equity investment with optional services available. Private facility – rental subsidies not available.	Monthly operating fee plus cost (varies based on amount invested in unit). 92% of lease investment returned when resident moves. 8% lease termination fee. Rental options available.	Heat, power, water/sewer, basic cable, internet, continental breakfast limited in-suite maintenance, garbage disposal, and suite air-conditioning.	Phone, tenant insurance, meals, weekly housekeeping, and laundry.	Yes - Some barrier free units	Call Carol at 780-934-6636 or show suite @ 780-902-9950 (open 1 - 5 p.m. 7 days/week) Age 55+
North Ridge Place - Affordable Housing 19 Mont Clare Place St. Albert AB T8N 5Z4	48 Self-contained rental suites (40 one bedroom suites and 8 two bedroom suites). All units supported by Provincial Programs. *Phase 2 currently under construction (42 self-contained rental suites)	1 Bedroom: \$795/month (approx. 540 sq. ft) 2 Bedroom: \$945/month (approx. 720 sq. ft)	Heat, water/sewer, and interior/exterior grounds maintenance services.	Power (\$35), cable (\$27), outdoor parking (\$20), laundry (\$15) per person. Meals available at an additional cost.	Yes - Some barrier free units	Call 780-460-0445 to determine availability of units and to arrange a tour of the facility. Applicants must be over 65 and have an income below \$42,000 (single) or \$53,000 (couple) based on line 150 of income tax return. Applications available at: http://www.homelandhousing.ca/

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Included in Cost	Not Included in Cost	Barrier Free Units	How to Apply
Rosedale Assisted Living 18 & 20 Hebert Road St. Albert AB T8N 7P3	160 Self-contained rental suites (82 units in Phase 1 and 78 units in Phase 2). Private facility – rental subsidies not available.	1 Bedroom: \$2,606 - \$2,780 2 Bedroom: \$3,195 - \$3,428 Additional person: \$630/mo.	All utilities, dinner, weekly housekeeping, daily morning check by certified health care aide, bed linens and towels changed and laundered weekly, basic cable, emergency response and on-site clinics.	Phone, internet, optional breakfast and lunch, personal laundry (\$60), underground parking (\$70).	Yes – 6 barrier free units	Call Rosedale Developments at 780-460-1600 or visit www.rosedaledevelopments.com Email: info@rosedaledevelopments.com
Revera-River Ridge 78C McKenney Ave St. Albert AB T8N 7M3 Reception Ph: 780-470-3700	90 Independent/Assisted Living Units. Private facility – rental subsidies not available.	Studio, 1BR, 1BR+den, and 2BR units Contact housing provider for cost. Month -to-month rent.	Lunch and supper in dining room, 2 snacks daily, utilities, weekly housekeeping, linen service, transportation, complimentary laundry services, 24-hour emergency response by LPN, emergency pendant, homecare services by staff, extensive creative expression programming.	Telephone, parking, breakfast, and cable.	Yes - All units	Call Barb at 780-470-3700 for tour appointment and availability. Director of Health and Wellness assessment required to determine suitability of facility to level of care needed. Assessment through Community Care access not required.
Careadon Village 2 Inglewood Drive St. Albert AB	164 units - Supportive and Independent living options. Life Lease option. Private facility – rental subsidies not available.	1 bedroom, 1 bedroom + den, 2 bedroom, 2 bedroom +den	Building under construction. Call (780) 470-2330 for information	Not known at this time.	.	For information call (780) 470-2330. Application form can be found at http://careadoncorp.com/ Sales trailer on site

Supportive Living Level 2 – Lodge Living: Residents may require some assistance and/or encouragement to participate in social, recreational, and rehabilitation programs. Full meal services, housekeeping and laundry services available. All or most personal assistance can be scheduled. All lodge units are Provincially sponsored. Income limits may apply for access to facility.

<p>North Ridge Lodge 21 Mont Clare Place St. Albert AB T8N 5Z4</p>	<p>45 Studio rooms (no kitchen, private bathroom). All units supported by Provincial Programs.</p>	<p>Rent-g geared-to-income (RGI) - Rent based on 30% individual net income (line 150 on tax return) but not less than \$1,030 to a maximum of \$1,580/month per</p>	<p>3 meals per day, 24 hour snacks and beverages, weekly housekeeping, weekly laundry service for foundation-owned bedding and towels, heat, power, water/sewer, interior/exterior grounds maintenance services, fully furnished.</p>	<p>Parking (\$15), cable (\$25) phone, and internet.</p>	<p>Yes - 7 Barrier free units</p>	<p>Contact North Ridge Lodge at 780-460-0445 to determine availability of units and to arrange a tour of the facility. Applicants must be over 65 and have a low to moderate income. Waitlist based on need of care and lowest income.</p>
<p>Chateau Mission Court Lodge 34 Mission Avenue St. Albert AB T8N 1H8</p>	<p>42 Studio rooms (no kitchen, private bathroom). All units supported by Provincial Programs.</p>	<p>person (rent includes mandatory service package of \$660/month). Eligible income limit: \$36,000</p>	<p>3 meals daily, 24 hour snacks and beverages, weekly housekeeping, weekly laundry service for foundation-owned bedding and towels, heat, power, water, maintenance services, fully furnished (residents may bring own furniture).</p>	<p>Parking: \$15 Cable: \$26 Phone</p>	<p>Yes - 2 Barrier free units</p>	<p>Contact Chateau Mission Court at 780-458-7445 to determine availability of units and to arrange a tour of the facility. Residents are restricted to over 65 and low to moderate income. Waitlist based on need of care and lowest income.</p>

Supportive Living 4 (SL4): *Facilities are only available through Community Care Access referral.

SL4 provides a higher level of personal and health care services onsite for scheduled and unscheduled care needs according to the plan of care. Residents may require some assistance and/or encouragement to participate in social, recreational, and rehabilitation programs. Health care aides and professional nursing care is available onsite by an LPN 24 hours a day.

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Included in Cost	Not Included in Cost	Barrier Free Units	How to Apply
Citadel Mews West 15 Erin Ridge Road St. Albert AB T8N 0R3 Ph (Reception): 780-458-2657	66 supportive living units. Units supported by Provincial Programs.	Studio: \$1,950, Small 1 bedroom: Approx. \$2,571, Large 1 bedroom: Approx. \$3,102, Second independent person in room: Approx. \$700/month. Alberta Senior's Benefit available for low income residents on specific units.	3 meals daily, all utilities, internet, 24 hr LPNs, RN on call, and weekly housekeeping.	Phone	Yes – All units	Units available only by assessment through Community Care Access at 780-496-1300.
Rosedale Assisted Living 20 Hebert Road St. Albert AB T8N 3Y6 Ph: 780-460-1600	70 Private studio rooms (no kitchen, private bathroom). Units supported by Provincial Programs.	\$1,950/month Alberta Senior's Benefit available for low income residents.	3 meals daily, utilities, 24 hr LPNs, RN on call, weekly housekeeping, bed linens and towels laundered weekly, basic cable.	Phone and internet	Yes – All units	Units available only by assessment through Community Care Access at 780-496-1300.
St. Albert Retirement Residence – All Seniors Care 125 Everitt Drive North St. Albert AB T8N 7R9	38 supportive living units. Units supported by Provincial Programs.	Studio and 1 bedroom suites available. Please call for information on cost.	3 meals daily + snacks, utilities, weekly housekeeping, weekly linen and towel service, activities/outings.	Optional cable/phone package.	Yes – All units	Units available only by assessment through Community Care Access at 780-496-1300.

Supportive Living Dementia (SL4D): *Facilities are only available through Community Care Access referral. Provides specialized dementia care for individuals with moderate to severe dementia, who may have a high risk of wandering and unpredictable behaviours, but who are not a safety risk to themselves and others. Health Care Aides are on-site 24 hours a day to provide support and personal care. Professional nursing care is available onsite by an LPN 24 hours a day.

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Included in Cost	Not Included in Cost	Barrier Free Units	How to Apply
St. Albert Retirement Residence – All Seniors Care 125 Everitt Drive North St. Albert AB T8N 7R9	54 Supportive Living Secure Memory Suites/Studios (secured unit-for Alzheimer & dementia care - SL4-D). All units supported by Provincial Programs.	Please call for information.	3 meals daily + snacks, utilities, weekly housekeeping, weekly linen and towel service, activities/outings.	Optional cable/phone package.	Yes – All units	Units available only by assessment through Community Care Access at 780-496-1300.
West Country Hearth 26504 AB 633 Sturgeon County AB	13 Units (SL4-D) All units supported by Provincial Programs.	Studio units \$1,950 (as of July 1, 2016)	3 meals daily, basic housekeeping and laundry, bed linens and towels, LPN - 24 hours, RN - on call, health care aids, occupational and respiratory therapists available through assessment.	Phone, internet, and cable.	No	Available only by assessment through Community Care Access. Call 780-496-1300

Private Dementia Support Units – Access through housing provider

Revera-River Ridge 78C McKenney Ave St. Albert AB T8N 7M3	24 Studios (Secured Unit-Alzheimer/ Dementia Care) – Memory Lane. Private facility – rental subsidies not available.	Studio Contact housing provider for cost.	3 meals daily in private dining room, 24 hr. nursing care by LPN, call bell system, personal care attendants, laundry, housekeeping, staff supplied home care service, dementia recreation program.	Optional cable/phone package.	Yes - All units	Call Barb at 780-470-3700 for information. Director of Health and Wellness assessment required to determine suitability of facility to level of care needed. Reception Phone: 780-470-3700
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Long Term Care Facilities (LTC) – Includes Nursing Homes and Auxiliary Hospitals

* Facilities are **only** available through Community Care Access referral.

Care is provided for people with medically complex, unpredictable health needs who are unable to remain at home or in a supportive living setting. Registered Nurse services are available 24 hours a day. Most personal care services are provided by Health Care Aides and Licensed Practical Nurses who are all available 24 hours a day, 7 days a week. Individuals also have access to therapeutic services, such as Physical and Occupational Therapists, and Physician services. While there are two types of LTC facilities (i.e., auxiliary hospitals and nursing homes), the care provided in each type does not differ. *Fees are set by Alberta Health, and are required to be paid on a monthly basis. These fees do not cover the cost of care, which is funded by Alberta Health. *Starting July 1, 2017, annual accommodation charge adjustments will be based on the Alberta Consumer Price Index.

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Included in Cost	Not Included in Cost	Barrier Free Units	How to Apply
Youville Home 9 St. Vital Ave St. Albert AB T8N 1K1 Ph: 780-460-6900	Long term care facility. 232 units All units supported by Provincial Programs	Private Room: \$64.10/day, Avg. Monthly - \$1,950, Semi-private: \$55.45/day, Avg. Monthly - \$1,687, Standard: \$52.65/day, Avg. Monthly - \$1,601	24 hr. RN care, 3 meals/day + snacks, housekeeping, building utilities and maintenance.	Personal laundry service (\$30) and cable (\$25).	Yes – All units	Available only by assessment through Community Care Access. Call 780-496-1300
Citadel Care Centre 25 Erin Ridge Road St. Albert Ab T8N 7K8 Ph: 780-458-3044	Long term care facility. 113 private continuing care rooms and 8 semi-private rooms. All units supported by Provincial Programs.	Private Room: \$64.10/day, Avg. Monthly - \$1,950, Semi-private: \$55.45/day, Avg. Monthly - \$1,687, Standard: \$52.65/day, Avg. Monthly - \$1,601	24 hr. RN care, 3 meals/day + snacks, housekeeping, building utilities and maintenance.	Phone, cable, internet, and laundry.	Yes – All units	Available only by assessment through Community Care Access. Call 780-496-1300
Foyer Lacombe/ Covenant care 1 St. Vital Avenue St. Albert AB T8N 1K1 Ph: 780-544-2100	Long term care facility. 12 private long term care suites and 10 suites dedicated to Hospice Care. All units supported by Provincial Programs.	Private Room: \$64.10/day, Avg. Monthly - \$1,950, Semi-private: \$55.45/day, Avg. Monthly - \$1,687, Standard: \$52.65/day, Avg. Monthly - \$1,601	24 hr RN care, 3 meals/day + snacks, housekeeping, building utilities and maintenance, and spiritual care.	Phone, cable, internet, and laundry.	Yes – All units	Available only by assessment through Community Care Access. Call 780-496-1300

Nearby Facilities – Villeneuve

Facility	# of Unit type/# of Units Supported by Provincial Programs	Cost of Units	Included in Cost	Not Included in Cost	Barrier Free Units	How to Apply
West Country Hearth 26504 Secondary Hwy 633 Sturgeon County, AB (Villeneuve)	Level 1 – Independent Supportive Living – 46 Units All units supported by Provincial Programs.	Studio units: \$1340 1 bedroom: \$1710 + \$680 for additional person 2 bedroom: \$3050 (2 people)	2 meals/day (mandatory), hair salon services, self-serve laundry room, a full range of programs and activities and a weekly bus trip.	Breakfast option \$80/pp, housekeeping, phone, internet, parking stall, cable, laundry service, and call bell service.	No	Call 780-418-3015 for application. Screening process for applicants. Priority given to residents of Sturgeon County.
West Country Hearth	Level 3 –Supportive Living 3 (SL3) – 6 Units All units supported by Provincial Programs.	Studio units \$1,950 (as of July 1, 2016)	3 meals daily, LPN - 24 hours, RN - on call, health care aids, occupational and respiratory therapists available through assessment.	Laundry, housekeeping, phone, internet, and cable.	No	Available only by assessment through Community Care Access. Call 780-496-1300
West Country Hearth	Level 4 – Supportive Living Dementia (SL4D) – 13 Units (also included under dementia units) All units supported by Provincial Programs.	Studio units \$1,950 (as of July 1, 2016)		Phone, internet, and cable.	No	Available only by assessment through Community Care Access. Call 780-496-1300
West Country Hearth	Respite Units - 2 Units	\$90/day + all care	Accommodation and 3 meals daily.	Housekeeping services and care.	No	Call 780-418-3015 for availability and rates *Only available through assessment

Development Name	Building Description	Cost of Units	Included in Cost	Barrier Free Units	How to Apply
Independent Living – Rentals (Mature Adults 40+)					
Mission Manor 20 Mission Ave. 24 Mission Ave	10 One bedroom suites at 20 Mission Ave. 4 One bedroom suites and 6 two bedroom suites at 24 Mission Ave.	1 Bedroom: \$850 2 Bedroom: \$1050	Call for information	No	Contact Resident Manager at 780-460-9851 50+ Complex
Independent Living – Private Ownership (Mature Adults 40+)					
Horizon Village Pineview Horizon Village St. Albert AB	Townhouse condominium complex	Estimated price range of \$250,000 - \$275,000. *Refer to MLS listings Condo fees: Estimated at \$245/month	Condo fees include: Amenities within the condo, exterior maintenance, insurance for common areas, landscape/snow removal, parking, professional management, recreation facility, reserve fund contribution, TV service, utilities common areas, and water/sewer.		*Refer to MLS listings 50+ Complex
Mission Hill Village 78 McKenney Ave St. Albert AB	Low-rise apartment condominium	Estimated price range of \$185,000 - \$230,000. *Refer to MLS listings Prices vary by unit	Condo fees include: water, sewer, power, heat, cable TV, reserve fund, snow removal, maintenance and use of complex facilities: recreation centre, exercise room, games room, wood workshop, computer room, onsite kitchen with weekly specials, coffee bar, social centre, library, hair salon, and guest suites.		*Refer to MLS listings 50+ Complex
Knightsbridge 160 Kingswood Boulevard St. Albert AB	Low-rise condominiums and bungalow-style townhouse	*Refer to MLS listings			*Refer to MLS Listings 45+ Complex

Development Name	Building Description	Cost of Units	Included in Cost	Barrier Free Units	How to Apply
Greystone Villas Grandin Road St. Albert AB	Detached condominium	Estimated price range of \$339,900 - \$370,000. *Refer to MLS listings Condo fees estimated at: \$405 - \$440 – varies by unit	Condo fees include: Condo amenities, exterior maintenance, insurance for common areas, landscape/snow removal, parking, professional management, reserve fund contribution, TV service		*Refer to MLS Listings 45+ Complex
Grand Carlisle 45 Gervais Road St. Albert AB	Low-rise Apartment Condominium	*Refer to MLS Listings	Condo fees include: exterior maintenance, heat, insurance for common areas, landscape/snow removal, underground parking, professional management, reserve fund contribution, water/sewer, Social/party room, in-suite laundry, and air conditioner.	Some units with HC Access	*Refer to MLS Listings 45+ Complex
Richmond House 52 St. Michael Street St. Albert AB	Condominium	*Refer to MLS Listings	Underground parking, in-suite laundry, and party room.	Some units with HC Access	*Refer to MLS Listings 40+ Complex
Villas at Lacombe Park 31 Legacy Terrace St. Albert AB	Condominium	*Refer to MLS Listings	Large family/games area		Contact Sandy Wagar at (780) 903-2465 or visit the sales center at 31 Legacy Terrace. Executive Adult Complex (40+)
Edgewood Estates 57A, 57B Erin Ridge Drive St. Albert AB	Condominium	*Refer to MLS Listings	Condo fees include: exterior maintenance, landscape/snow removal, and reserve fund contribution		*Refer to MLS Listings 45+ Complex